



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
3	ME	ME	1	Yip Chak Lun Gerald	1:51:45	3507
1	ME	ME	2	Yu Tsz Wai	1:57:42	2543
5	ME	ME	3	Li Chun Ho	2:00:45	3883
14	ME	ME	4	Aby Lam	2:01:09	788
11	ME	ME	5	Hui Siu Tung	2:01:20	40
6	ME	ME	6	Li Sing Wai	2:01:23	3822
30	ME	ME	7	Wong Tsz Chun Jason	2:03:33	3948
8	ME	ME	8	Leung Chi Hang	2:05:10	4993
2	ME	ME	9	Brian Poon	2:05:55	1732
29	ME	ME	10	You Yi	2:11:24	5330
19	ME	ME	11	Cheung Chi Ko	2:12:34	929
4	ME	ME	12	Kwok Kin Kwan	2:13:49	3162
12	ME	ME	13	Yu Tsz Fung	2:14:17	3049
13	ME	ME	14	Tam Wing Chung	2:14:46	232
27	ME	ME	15	Wong Cheuk Wang	2:17:54	3855
9	ME	ME	16	Ma Lok Hin	2:18:26	3144
22	ME	ME	17	Chau Po Lok	2:19:21	82
17	ME	ME	18	Choy Kwok Wai	2:23:06	589
18	ME	ME	19	Chan Tin Mong	2:30:44	3152
20	ME	ME	20	Yeung Kwok Keung	2:31:06	101
7	ME	ME	21	Shiu Chit Hei	2:33:16	3423
28	ME	ME	22	Leung Chung Wai	2:35:22	4196
16	ME	ME	23	Chu Yau Man	2:38:38	3952
24	ME	ME	24	Lee Yeung Chi	2:45:00	981
23	ME	ME	25	Yuen Wang Ki	2:45:25	3814
25	ME	ME	26	Chung Wai Nang	2:48:22	305
15	ME	ME	27	Chung Austin	2:59:07	3866
10	ME	ME		Chow Man Long	3:00:07	3760
26	ME	ME		Pereira Daniel Antonio	3:02:17	5133
21	ME	ME		Lam Ka Ching	3:07:45	3347



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
41	WE	WE	1	Chan Hau Wah Brenda	1:25:34	2470
42	WE	WE	2	Lam Cho Yu	1:26:55	4156
43	WE	WE	3	Lui Wai Lan Iris	1:34:13	230
45	WE	WE	4	Leung Ka Ki	1:39:14	2826
44	WE	WE	5	Chan Pui Fung	1:39:20	1265
50	WE	WE	6	Chu Ying Yau	1:49:42	3953
47	WE	WE	7	Cheng Yuen Ki Hilda	1:57:06	106
49	WE	WE	8	Lee Wing Sum	2:04:20	2048
48	WE	WE	9	Charmaine Fung	2:16:00	779
46	WE	WE	10	Yee Sze Wing	2:18:22	3538



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
123	MO	M21	1	Law Kwok Kuen	0:57:10	1630
156	MO	M21	2	Yue Wei Yong	0:58:31	3318
154	MO	M21	3	Yip Ka Lun	1:05:00	1407
107	MO	M21	4	Chau Chi Kin	1:06:32	4041
103	MO	M21	5	Chan Chun Kit	1:07:22	4427
122	MO	M21	6	Lau Kwok Sang	1:11:29	2570
109	MO	M21	7	Cheng Yuk Tung	1:14:54	104
155	MO	M21	8	Yu Sai Hong	1:16:52	3
140	MO	M21	9	Tam Chung Yin Dickson	1:20:41	976
150	MO	M21	10	Wong Tsz Fung	1:21:40	4554
132	MO	M21	11	Man Yiu Fung	1:24:14	679
144	MO	M21	12	Tse Lok Hin	1:24:59	5220
133	MO	M21	13	Ng Ka Sing	1:25:43	4444
112	MO	M21	14	Cheung Kwok Wai	1:25:54	3491
141	MO	M21	15	Tam Tsz Hong	1:26:45	5182
115	MO	M21	16	Fong Tsz Lo	1:28:44	4466
134	MO	M21	17	Ng Kok Hei	1:29:09	3683
126	MO	M21	18	Lee Ting Ho Gilbert	1:30:26	3820
106	MO	M21	19	Chan Yip Sang	1:33:15	3321
131	MO	M21	20	Lui Tsz Hin	1:38:31	177
102	MO	M21	21	Chan Chit Hung Isaac	1:45:52	2838
151	MO	M21	22	Wong Wai Ming	1:51:02	5448
120	MO	M21	23	Lam Ming Yiu	1:51:42	4400
128	MO	M21	24	Leung Ka Chai	1:53:10	5000
101	MO	M21	25	Chan Cheuk Kai	1:55:13	4628
157	MO	M21		Yuen Wai Hei	2:01:21	5337
105	MO	M21		Chan Ka Yiu	2:02:45	4572
111	MO	M21		Cheung Chi Shing	2:07:29	4005
117	MO	M21		Hui Wun Lap	2:20:18	5530
104	MO	M21		Chan Ka Shing Ricky	DISQ	90
136	MO	M21		Ng Kwok Fung	DISQ	4249
135	MO	M21		Ng Kwan Shing	DNS	26
127	MO	M21		Leung Chung Man	DNS	2985
119	MO	M21		Lai Ka Pak	DNS	3320
137	MO	M21		Ng Shing Chi	DNS	5113
116	MO	M21		Ho Cheuk Nuen	DNS	5624



No.	Class	Ranking class	Rank Name	Result	OAHK No.
146	MO	M35	1 Wong Chi Yin	1:05:52	3336
152	MO	M35	2 Wong Wai Ngai	1:06:10	4451
145	MO	M35	3 Tse Yl	1:08:03	71
129	MO	M35	4 Leung Yat Lai Adrian	1:17:02	107
114	MO	M35	5 Chung Tsz Kin	1:19:24	3849
130	MO	M35	6 Liang Chi Hang	1:19:43	112
108	MO	M35	7 Cheng Ping Kuen	1:21:18	3048
110	MO	M35	8 Cheong Kung Pan	1:23:45	125
148	MO	M35	9 Wong Man Wa	1:24:08	3862
149	MO	M35	10 Wong Pui Keung	1:29:56	3464
121	MO	M35	Lau Chi Chuen	DISQ	335
139	MO	M35	So Wing Man	DISQ	1084
142	MO	M35	Tang Yu Hin	DISQ	5192



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
516	WO	W21	1	Leung Hei Tung	0:44:50	4195
531	WO	W21	2	Wong Yi Shan	0:51:32	3856
523	WO	W21	3	Tam Kar Bik	0:59:20	49
502	WO	W21	4	Chan Lai Yee	0:59:49	4202
515	WO	W21	5	Law Hoi Yi	1:04:21	4495
532	WO	W21	6	Yuen Lai Shan	1:05:47	5646
519	WO	W21	7	Ng Wing Si	1:12:02	4022
524	WO	W21	8	Tang Pik Kwan	1:12:06	74
505	WO	W21	9	Cheung Wei Ki	1:13:45	81
509	WO	W21	10	Hui Jasmine	1:14:04	4866
512	WO	W21	11	Lam Hei Yiu Alicia	1:16:24	4024
522	WO	W21	12	Soo Wai Hin	1:20:09	5168
525	WO	W21	13	Tang Po Wa	1:22:16	4485
527	WO	W21	14	Tsang Yin Hung	1:25:23	3759
528	WO	W21	15	Tse Lui	1:32:18	2502
513	WO	W21	16	Lam Yan Ting	1:42:46	5552
529	WO	W21	17	Wan Yuen Ting	1:43:07	3885
504	WO	W21		Cheung Ka Wing	2:05:47	3179
530	WO	W21		Wong Sze Ha Elyse	DISQ	1558
503	WO	W21		Cheung Ka Pui	DISQ	3317
510	WO	W21		Josephine Wong	DNS	1973
517	WO	W21		Li Yin Ting	DNS	6051



No.	Class	Ranking class	Rank Name	Result	OAHK No.
506	WO	W35	1 Fung Yuk Ching	1:05:09	247
518	WO	W35	2 Mok Wai Yee	1:31:18	1918
526	WO	W35	3 Tang Pui Yi	1:31:47	2113
501	WO	W35	4 Au Man Chong Mariana	1:53:45	3058
508	WO	W35	Hau Ying Ying	2:32:40	4837
511	WO	W35	Ka Lai Leung	2:43:10	5002
514	WO	W35	Lam Yim Yan	DISQ	4941
507	WO	W35	Hanifa Ismail	DNS	3878



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
236	MS	M40	1	Stephen Ho	1:05:37	184
229	MS	M40	2	Lo Wing Shiu	1:16:27	96
210	MS	M40	3	Chen Fuk Lai	1:21:59	5473
252	MS	M40	4	You Gengfeng	1:23:50	5328
201	MS	M40	5	Au Bing Wing	1:28:25	6018
203	MS	M40	6	Chan Kai Wing Dicky	1:35:06	4697
228	MS	M40		Lo Kwok Kay	2:07:11	5057
209	MS	M40		Chan Yin Chun	2:10:13	526
219	MS	M40		Kwong Kwok Wah	DISQ	287
220	MS	M40		Lau Chun Fun	DISQ	3499
246	MS	M40		Wong Siu Tong	DISQ	5279
208	MS	M40		Chan Yee Leung	DISQ	5605
216	MS	M40		Hong Xiang	DISQ	6092



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
218	MS	M45	1	Hui Ngai Sang	1:00:25	737
251	MS	M45	2	Yiu Vor	1:19:17	5326
211	MS	M45	3	Cheung Kwon Fung Edwin	1:20:07	563
249	MS	M45	4	Yan Chi Hang	1:22:44	226
241	MS	M45	5	Wong Chi Chung Isaac	1:28:22	225
225	MS	M45	6	Leung Lap On	1:30:09	2141
237	MS	M45	7	Tam Chi Ho	1:39:45	5177
242	MS	M45	8	Wong Ho Man	1:43:27	4347
206	MS	M45	9	Chan Ping Kin	1:45:00	551
215	MS	M45	10	Fung Man Hin	1:55:35	5411
254	MS	M45		Lau Yat Chor	DISQ	51
204	MS	M45		Chan King Chung	DISQ	5517
214	MS	M45		Fu Man Fai	DNS	4440



No.	Class	Ranking class	Rank Name	Result	OAHK No.
243	MS	M50	1 Wong Hung On	1:31:37	3459
233	MS	M50	2 Poon Ka Hang	1:56:12	7
247	MS	M50	Wong Wai Ming	2:03:39	295
212	MS	M50	Cheung Wai Kee	DISQ	1124
235	MS	M50	Shiu Chi Shing	DISQ	4497
226	MS	M50	Leung Sai Fong	DISQ	5016
231	MS	M50	Man Wai Tin	DNS	20
230	MS	M50	Man Kwong Eric	DNS	5158



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
253	MS	M55	1	Yu Shin Ho	1:21:56	3015
250	MS	M55	2	Yeung Wai Yin Alexis	1:29:51	504
224	MS	M55	3	Leung Lam Freddy	1:30:43	47
232	MS	M55	4	Pang Ka Choi	1:41:20	37
205	MS	M55	5	Chan Kwok Wai Aaron	1:44:48	21
234	MS	M55	6	Sham Wing Ming	1:46:09	33
217	MS	M55	7	Hu Siu Fun	1:53:09	3137
207	MS	M55		Chan Po Ming	DISQ	495
221	MS	M55		Law Wai Kay	DISQ	2977
238	MS	M55		Tang Yuk Cheong	DISQ	4393



No.	Class	Ranking class	Rank Name	Result	OAHK No.
240	MS	M60	1 Tsui Wing Sing	1:34:56	513
223	MS	M60	2 Leung Kwok Keung	1:38:41	404
244	MS	M60	Wong Kam Fai	2:09:07	187
202	MS	M60	Chan Chung Wing Stanley	2:27:25	359
239	MS	M60	Tong Kwan Yuen	DNS	2487



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
313	MA	M16	1	Lee Sze Lut Nazirite	1:02:21	4027
306	MA	M16	2	Fung Hong Ching	1:04:31	5410
316	MA	M16	3	Leung Yiu Tin	1:14:20	5026
309	MA	M16	4	Kwok Justin Y Yan	1:15:28	4895
325	MA	M16	5	Wong Kwan	1:23:09	5263
315	MA	M16	6	Leung Ho Chun	1:23:26	4998
329	MA	M16	7	Yau Man Kit Bosco	1:23:40	4373
322	MA	M16	8	Shum Siu Long	1:26:50	4228
305	MA	M16	9	Chu Cheuk Yiu	1:53:11	4801
308	MA	M16	10	Hon Fai Adrian Lam	1:54:44	4927
332	MA	M16	11	Man Tsan Shun	1:58:07	4511
304	MA	M16		Chan Tsz Yeung	2:29:13	4717
310	MA	M16		Kwong Ho Yin	DISQ	4905
301	MA	M16		Au Wai Him	DISQ	5542
303	MA	M16		Chalfon Chiang	DISQ	5561
317	MA	M16		Li Yat Long	DISQ	5615
326	MA	M16		Wong Sin Ham	DISQ	5618
314	MA	M16		Leung Chun Hei	DNS	2703
307	MA	M16		Hau Shu Ting	DNS	5491



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
319	MA	M18	1	Lum Cheuk Hei	1:10:26	4050
324	MA	M18	2	Tang Tsun Leung Chris	1:57:04	5190
320	MA	M18		Poon Lap Hang	2:01:02	5137
311	MA	M18		Lau James Kar Fung	DISQ	5546
321	MA	M18		Sao Ho Chun	DISQ	5616
302	MA	M18		Au Joshua Ho Kiu	DNS	4035
331	MA	M18		Yum Ka Chun	DNS	5341



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
323	MA	M20	1	So Ka Wang	0:54:08	4361
328	MA	M20	2	Yam Kai Yui Hubert	1:05:01	5301
312	MA	M20	3	Lee Hong Pui	1:25:52	4972
330	MA	M20		Yuen Wai Kit	DNS	5338



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
706	WA	W16	1	Kwong Tsz Wing	0:59:46	4906
708	WA	W16	2	Lo Hoi Yan	1:03:38	4633
710	WA	W16	3	Siu Pui Yuet	1:08:30	5160
713	WA	W16	4	You Yoyo	1:17:31	5329
707	WA	W16		Lau Hin Yi	DNS	4049
703	WA	W16		Fu Hoi Ki	DNS	4441



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
712	WA	W18	1	Wong Wing Yin	0:59:42	4612
705	WA	W18	2	Fung Wai Ki	1:00:27	4503
701	WA	W18	3	Chan Amanda Chun Yi	1:19:10	4680
711	WA	W18		Tang Lok Yi	2:07:20	5189
702	WA	W18		Chan Hiu Laam Hillary	DISQ	5707



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
709	WA	W20	1	Man Wing	0:53:23	5085
704	WA	W20		Fung Wai Ching	DISQ	3870

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No.	Class	Ranking class	Rank	Name	Result	OAHK No.
613	WS	W40	1	Ho So Han	1:16:01	2490
622	WS	W40	2	Wong Wai Man	1:33:21	5415
621	WS	W40	3	Patricia Wong	1:34:34	355
605	WS	W40	4	Chan Siu Mui	1:41:43	292
602	WS	W40	5	Chan Ka Man	1:52:46	5670
625	WS	W40		Yeung Yun Foong	2:13:28	1770
603	WS	W40		Chan Ka Yan	2:27:11	5708
626	WS	W40		Yu Hoi Yan	DISQ	2749
611	WS	W40		Ho Hing Ling	DISQ	3337
618	WS	W40		Louise Li	DISQ	4353
604	WS	W40		Chan Pui Ying	DISQ	4709
620	WS	W40		Mui Suet Yan	DISQ	5637



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
608	WS	W45	1	Cheung Lai Kuen Mona	0:58:54	761
619	WS	W45	2	Lui Lai Han Dennex	1:07:17	6052
615	WS	W45	3	Lam Yuen Kwan	1:30:06	210
601	WS	W45	4	Au Wing See	1:38:35	4674
614	WS	W45	5	Ko Sin Yu	1:39:15	446
616	WS	W45	6	Lee Sze Man Cecilia	1:48:06	4983
624	WS	W45		Yeung Sun Yau	2:02:02	5317
617	WS	W45		Li Heidi	DISQ	5645



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
607	WS	W50		Cheng Po Yi	DISQ	4473
609	WS	W50		Choy Lan See Nerissa	DNS	5385

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No.	Class	Ranking class	Rank Name	Result	OAHK No.
623	WS	W55	1 Wong Yuk Hing	1:18:01	186
610	WS	W55	2 Chui Lai Kuen Candy	1:43:42	3016
606	WS	W55	3 Chan Yin Wan	1:44:47	4727



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
409	MB	M12	1	Chen Ka Hei	0:37:20	4737
403	MB	M12	2	Bono Woo	0:38:29	5290
410	MB	M12	3	Cheung Ho Lam Marcus	0:39:47	4757
420	MB	M12	4	Lam Yin Lok	0:43:22	5580
418	MB	M12	5	Kwong Tsz Chun	0:43:57	5402
417	MB	M12	6	Hong Haocheng	0:45:04	6095
414	MB	M12	7	Fu Chun Yan Alistair	0:46:30	4824
422	MB	M12	8	Lee Hoi Chun	0:47:49	5401
405	MB	M12	9	Chan Chi Yuen	1:14:33	5435
426	MB	M12		Man Yu	2:20:34	5692
404	MB	M12		Chan Cheuk Him Daniel	DISQ	4688
406	MB	M12		Chan Kwun Chung	DISQ	4700
413	MB	M12		Fu Chun Ho Andre	DISQ	5506
433	MB	M12		Wong Benjamin Hy	DISQ	6048



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
421	MB	M14	1	Lau Cheuk Nam	0:24:07	4944
412	MB	M14	2	Fong Cheuk Long Ethan	0:27:22	4225
402	MB	M14	3	Au Cheuk Yiu Janos	0:31:15	5409
401	MB	M14	4	Alok Woo	0:32:11	5289
415	MB	M14	5	Ho Chun Yuen	0:35:27	4840
424	MB	M14	6	Lo Chun Hei	0:39:35	4197
411	MB	M14	7	Cho Sze Chit	0:47:00	5562
428	MB	M14	8	Poon Tsz Ming	1:17:31	5138
408	MB	M14	9	Chan Pak Yu Felix	1:18:36	6075
429	MB	M14		Siu Pui Lok	DISQ	5159
419	MB	M14		Lai Chun Ting	DISQ	5619



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
807	WB	W12	1	Tsang Chung Kiu	0:51:59	5205
801	WB	W12	2	Chan Tsz Ling	0:53:37	4716
805	WB	W12		Liu Xuan Ting Jessica	2:47:45	6096
806	WB	W12		Lun Yat Yiu	DISQ	5381
802	WB	W12		Ip Cheuk Ling	DISQ	5418



No.	Class	Ranking class	Rank	Name	Result	OAHK No.
803	WB	W14	1	Ko Hiu Man Sophie	0:44:27	4303
808	WB	W14	2	Wong Yik Fei	0:45:51	5529
804	WB	W14	3	Leung Lok Ching	0:46:37	5376
810	WB	W14	4	Yiu Yiu	0:46:40	5327
809	WB	W14	5	Yau Man Hei Meri	0:47:45	5413